



# Bart Peddicord Senior Newsletter

## March 2012



Volume 1, Issue 4

### Upcoming Events...

#### Texas Motor Speedway Tour

Ladies and Gentlemen start your engines! Receive a behind the scenes tour that includes a stop on the luxury suite level, a bird's eye view of more than 150,000 seats, and finally a lap around the racing oval in the speedway tour van.

Thursday, April 19

\$6.00 Due at registration

Bus leaving center at 9:30 AM



#### New England Back Roads

October 7 - 14, 2012



Explore the abundant charms of New England along its winding back roads. Get to know historic Boston with a locally guided tour, admire the scenic splendor of New Hampshire's White Mountains, visit a picturesque working farm plus so much more!

8 Days • Ten Meals: 7 Breakfasts, 3 Dinners

Rates start as low as \$2,449

\$250 deposit—Final Payment due 8-6-12.

\*Price per person/Roundtrip air fare from DFW Intl included in price.

### Did You Know...

March is ...

Save Your Vision Month



Are you holding the newspaper farther away from your eyes than you used to? Join the crowd—age can bring changes that affect your eyesight. Some changes are more serious than others, but for many problems, there are things you can do to protect your vision. The key is to have regular eye exams so you can spot

#### Importance of Eye Health

Wednesday, March 28 @ 11:30 AM

Dr. Beth Anderson with Texas State Optical of Wylie will be stopping by to inform us of the importance of keeping our eyes healthy. Some key points of discussion will be...

- ⇒ Eye Healthy Diets
- ⇒ Eye Disease Prevention
- ⇒ The Aging Eye



# Senior Shenanigans

## March 2012

#### Senior Chow Critics

Search for the best "chow down" place by exploring local eateries with friends. This month we will be eating lunch at **Love and War in Texas** located in Plano.

Thursday, March 1

Bus leaving center at 10:30 AM

#### Armchair Traveler

Take a trip around the globe in the comforts of your own chair! Each month we will visit a new foreign location via the big screen. In March travel to the **Emerald Isle**.

Thursday, March 22

10:00 AM—FREE

Bart Peddicord Community Center

#### McKinney Ave. Trolley Ride

Explore Dallas's Uptown neighborhood via the M - Line vintage trolleys. Tour will include a brief history of the trolleys and a round trip ride down McKinney Avenue.

Thursday, March 8

\$1 due at registration

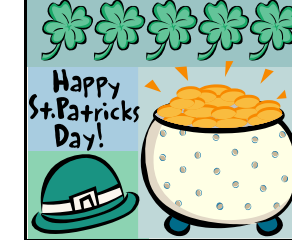
Bus leaving center at 10:00 AM

Bring at least \$10 for lunch

#### Serving:

Corned Beef

Sandwiches



#### "The Chew" Luncheon

"Chew" over your wants and concerns regarding your Senior Center with staff every 2<sup>nd</sup> Wednesday of the month. Lunch will be provided, and input is encouraged!

Wednesday, March 14

11:30 AM – FREE

#### Celebration Luncheon

Happy birthday to you! Lunch, drink, dessert, and door prizes provided. Just bring your birthday wishes and celebrate with friends. Please register with staff by March 12.

Third Friday of every month

11:30 AM – FREE

Bart Peddicord Community Center

#### Bath House Matinee Play Presents:

*The Last Romance* by Joe DiPietro

A crush can make anyone feel young again—even a widower named Ralph. On an ordinary day in his routine life, Ralph decides to take a different path on his daily walk—one that leads to an unexpected second chance at love.

Thursday, March 15

\$10 due at registration

Bus leaving center at 10:30 AM

#### Chestnut Square Historic Village

Tour the collection of six historic homes, a one-room school house, chapel and store at the Chestnut Square Historic Village. The buildings include period artifacts showing how people lived in Collin County from 1854 – 1920.

Thursday, March 29

\$5 due at registration

Bus leaving center at 9:00 AM



# Senior Shenanigans March 2012

www.wylietexas.gov

Bart Peddicord Community Center

100 West Oak Street

972-442-8119



Sun	Mon	Tue	Wed	Thu	Fri	Sat
recreation@wylietexas.gov						
Dorothy Nelson—1st Bernice Wery—5th Anna Graem—6th	<b>HAPPY BIRTHDAY</b>		Judy Chiles—8th Wanda Seabourn—13th Don Fortenberry—28th	1 <b>10:30 AM</b> <b>Senior</b>	2 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <u>12:00 PM BINGO</u>	3
4	5 <u>1:00 PM Baked Goods</u> <u>Pick Up</u>	6 <u>9:00 AM Store Trip for</u> <u>“Bus Riders”</u> <u>11:30 AM Garnet Hill</u> <u>Healthy Cooking Class</u>	7 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <b>12:30 PM</b> <u>Senior “Sez” Trivia Game</u>	8 <b>10:00 AM</b> <b>McKinney Ave.</b>	9 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <u>12:00 PM BINGO</u>	10 <u>9:30 AM</u> <u>Hearing</u> <u>Screenings w/</u> <u>Dr. Mueller</u>
11 <b>Daylight</b> <b>Savings</b> <b>Time Begins</b>	12 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <u>10:30 AM Baked Goods</u> <u>Pick Up</u>	13 <u>11:00 AM Hillcrest</u> <u>Nursing Lunch</u> <u>&amp; Presentation</u>	14 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <b>11:30 AM “The</b> <b>Chew” Luncheon</b>	15 <b>10:30 AM</b> <b>Bath House Mat-</b>	16 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <b>11:30 AM Celebration</b> <b>Luncheon</b> <u>12:30 PM BINGO</u>	17 <b>Serving:</b> <b>Corned Beef</b>
18	19 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <u>10:30 AM Baked Goods</u> <u>Pick Up</u>	20 <u>9:00 AM Store Trip for</u> <u>“Bus Riders”</u> <u>11:00 AM Wills and</u> <u>Trusts Presentation—</u> <u>Serving Pizza</u>	21 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <b>12:30 Arts &amp; Crafts</b>	22 <b>10:00 AM</b> <b>Armchair</b>	23 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <u>12:00 PM BINGO</u>	24 <u>Dessert &amp; Bingo</u> <u>prizes provided by</u> <u>Hillcrest Nursing</u>
25	26 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <u>10:30 AM Baked Goods</u> <u>Pick Up</u>	27	28 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <u>11:30 AM Eye Health</u>	29 <b>9:00 AM Chestnut</b> <b>Square Historic</b> <b>Village Tour</b>	30 <u>9:00 AM Games</u> <u>10:00 AM PACE EXERCISE</u> <u>12:00 PM BINGO</u>	31 

\*Activities and schedule subject to change. Minimum registration and fees must be met or activities will cancel. Some fees are non-refundable if registration is withdrawn. A City of Wylie registration form must be on file prior to participation.